

Fresh Fruit Juices (Served All Day)

WHEN POSSIBLE WE USE LOCALLY GROWN FRUITS AND VEGETABLES

CARROT AND ORANGE JUICE

12oz 4.00 16oz 5.00
GREENS, GINGER, OR GARLIC 0.50

PINEAPPLE AND ORANGE JUICE

12oz 4.00 16oz 5.00
GREENS, GINGER, OR GARLIC 0.50

ANY THREE FRUITS

12oz 5.00 16oz 6.00
GREENS, GINGER, OR GARLIC 0.50

Smoothies (Served All Day)

SUB. ALMOND MILK, APPLE JUICE **0.50**, OR PROTEIN POWDER **1.00**

BANANA-ORANGE

Banana, Orange, Vanilla, & Milk
12oz 4.00 16oz 5.00

STRAWBERRY-ORANGE

Strawberry, Banana, & Orange Juice
12oz 4.50 16oz 5.50

STRAWBERRY-BANANA

Strawberry, Banana, & Orange Juice
12oz 4.50 16oz 5.50

MIXED BERRIES

Mixed Berries, Juice, & Yogurt
12oz 5.00 16oz 6.00

BANANA

Banana, Almond Milk, & Yogurt
12oz 4.50 16oz 5.50

MANGO

Mango, Orange Juice, & Yogurt
12oz 4.50 16oz 5.50

Mixed Fruit with Greens

12oz 4.50 16oz 6.00

Café Lattes and Iced Coffee

(Served All Day)

CAFÉ LATTES AND ICED COFFEE OR BLENDED FRAPPE

Choice of Caramel, Vanilla, Mocha, or Amaretto
12oz 2.50 16oz 3.00

Bottled Drinks

BOTTLED WATER **1.00** ICED TEA **1.00** MILK **1.00**
CHOCOLATE MILK **1.50** HONEST TEA **2.00** APPLE JUICE
1.50 ORANGE JUICE **2.00**

Breakfast (Served Until 11:00 am)

HOMESTYLE BREAKFAST SERVED WITH TOAST OR IN A BURRITO – WITH SIDE OF BEANS OR FRUIT

SHREDDED BEEF

Shredded Beef with Eggs and Potatoes 5.50

CHORIZO

Chorizo with Eggs and Potatoes 5.50

BACON

Bacon with Eggs and Potatoes 5.50

SAUSAGE

Sausage with Eggs and Potatoes 5.50

HAM FRITTATA

Italian Style Flat Omelet with of the Bone Ham 5.50

SUNNY SIDE UP EGGS

Two Fried Eggs with Potatoes 5.00

CHICKEN CHILAQUILES

Crispy Corn Tortillas, Chicken, Cheese and Sauce 5.50

PANCAKES 3CT

Served with choice of Bacon or Sausage 6.50

Lunch

(Served From 11:00 am to 4:00 pm)

SOUP SIDE **OF THE DAY**

Made Fresh Daily
CUP 2.50 BOWL 5.00

Salads

SERVED WITH A DINNER ROLL AND YOUR CHOICE OF DRESSINGS:
CILANTRO VINAIGRETTE, ITALIAN, BALSAMIC, OR RANCH
SALAD 2.00 PETITE SALAD 4.00 FAMILY SALAD 7.00

SPINACH AND BACON WITH MANDARIN ORANGES

SIDE SALAD 2.00 PETITE SALAD 4.00 FAMILY SALAD 7.00

ROMAINE AND MIXED GREENS WITH CUCUMBERS AND TOMATOES

SIDE SALAD 2.00 PETITE SALAD 4.00 FAMILY SALAD 7.00

SPRING MIX BABY LETTUCES WITH TOMATOES AND CUCUMBERS

SIDE SALAD 2.00 PETITE SALAD 4.00 FAMILY SALAD 7.00

PASTA SALAD

SIDE SALAD 2.00 PETITE SALAD 4.00 FAMILY SALAD 7.00

CHEF SALAD LETTUCE WITH HAM, TURKEY, AND CHEESE 6.50

Sandwiches

MADE ON HOMEMADE YEAST ROLLS, OR WHOLE WHEAT BREAD - COMES WITH YOUR CHOICE OF PASTA SALAD, FRUIT, OR CHIPS

ROASTED TURKEY BREAST

With Provolone
HALF 4.00 WHOLE 6.50

ROAST BEEF

With Muenster Cheese
HALF 4.00 WHOLE 6.50

HAM OFF THE BONE

With Swiss cheese
HALF 4.00 WHOLE 6.50

TOMATO, BASIL, MOZZARELLA

With Mozzarella Cheese
HALF 4.00 WHOLE 6.50

GRILLED CHEESE Made on Buttermilk Sliced Bread

With Sharp Cheddar and Blue Monterey Jack Cheese
HALF 4.00 WHOLE 6.50

TURKEY BURGER with Pepper Jack Cheese 6.50

Breast of Turkey Meat Served With a Claussen Kosher Dill Spear

QUESADILLAS Made on Flour or Corn Tortillas

Choice of Cheddar or Monterrey Jack Cheese 5.00
Add Meat 1.50

Tita's Daily Dinners...\$ 8.99/\$ 25 (4)

(Served After 4:00 pm) FRESH DINNERS MADE EVERY DAY

Family Daily Dinners

All our dinners are served with two sides a vegetable and pasta or rice and a roll.

Dinners are rotated in a weekly schedule.

- Roasted Turkey Breast
- Boneless Beef Ribs in red sauce
- Chicken Parmigiana
- Meat Lasagna
- Beef Stroganoff
- Stuffed Bell Peppers
- Spaghetti and Meat Balls
- Meat Loaf
- Beef Mac a Roni
- Pot Roast
- Pork Loin Roast
- London Broil
- Roasted Chicken

Dinner Sides

Veggies, Green Beans, Broccoli, Roasted Cauliflower, Vegetable Medley or Seasonal veggies or Dinner Salad.

Potatoes, Mashed Potatoes, Baked Potatoes, Red and White Roasted Potatoes and Carrots and Potatoes Mash

Rice, Rice and Roni, White Rice with veggies, Red Rice, Cilantro Rice

Pasta, Mac and Cheese, Lemon Butter Pasta, Pesto Pasta, Spinach Pesto Pasta, Roasted Poblanos Pasta

"We are the fresh alternative to franchise food"

Catering Services upon request

Coming Soon - Lunch Delivery

Phone: 480-558-2051

Gabriela's

Kitchen

Café Deli & Juice Bar

891 N Val Vista Dr. Suite D101
Gilbert, AZ 85234-3602

Phone: 480-558-2051

Open Monday – Saturday 8:00 am to 7:00 pm
CLOSED **SUNDAYS**

Inspired By the Seasons and Guided By Flavor

We use only the freshest of ingredients and seasonal offerings, using cooking techniques like grilling and oven roasting, methods sure to enhance all foods' unique natural flavors.

Family owned and locally operated♥